

Wrist Warmers

Finished sizes – circumference about 7 in. at upper edge, about 6 in. at hand edge – an medium adult size
Switch to a size 7 needle for a smaller size.

Note: wristlets are meant to stretch for a snug fit.

Supplies:

Knitting needle size 8

Stitch markers

Worsted weight yarn – I was able to make a hat and wrist warmers with one skein of *Vanna*, using size 7 needles

large-eyed blunt needle(for sewing together)

Gauge:

18sts/16 rows = 4 in. in st st

Notes:

M1 (make 1) work the increase by lifting horizontal thread lying between needles and placing it onto left needle. Knit this new stitch through the back loop – 1 st inc.

St st – stockinette stitch – k on RS and p on WS

Pm – place marker

Sm – slip marker

WS – wrong side

RS – right side

Wrist Warmers (make 2)

Left wrist - Beg at upper edge, cast on 32 sts.

Work in K2, p2 rib until piece measures about 1 in. from beg.

Work in st st until piece measures about 3 in. from beg, end with a WS row.

Dec Row (RS): K1, k2tog, k to last 3 sts, k2tog, k1 – 30 sts at the end of this row. Continue in st st until piece measures 6-8 in.

Thumb Gusset

Row 1 (RS) - K1, place marker (pm), M1, k6, M1, pm, k to end of row – 30 sts at the end of this row.

Rows 2-4: Continue in st st

Row 5: K1, slip marker (sm), M1, k to next marker, M1, sm, k to end of row – 32 sts

Rep Rows 2-5 twice more – 36 sts after all incs have been completed, including 14 sts between markers.

Next Row (WS): P to marker, remove marker, p2. Bind off 10 sts for thumb opening, p2 remove marker, p1 – 26 sts at the end of this row.

Next Row (RS): Knit, casting on 2 ts over bound off sts of previous row - 28 sts.

Hand

Work in st st for 3 rows.

Work in k2, p2 rib for 1 in.

Bind off

Finishing

Sew side seam. Weave in ends.

Right Wrist – Work same as left wristlet to thumb gusset.

Thumb gusset

Row 1 (RS) – K23, place marker (pm), M1, k6, M1, pm, k1– 30 sts at the end of this row.

Rows 2-4: Continue in st st

Row 5: Knit to first marker, slip marker (sm), M1, k to next marker, M1, sm, k1– 32 sts

Rep Rows 2-5 twice more – 36 sts after all increases have been completed, including 14 sts between markers.

Next Row (WS): P1 remove marker, p2. Bind off 10 sts for thumb opening, p2 remove marker, p to end of row – 26 sts at the end of this row.

Complete as for left wristlet.

