

Warm-Up Long Island – A Knit-In

A Kiss and a Hug

Directions for a 7 X 7 inch square

Using size 8 needles and Vanna's Choice worsted weight yarn

Gauge: 4 stitches to the inch – This is very important for our blanket construction.

CO 29 stitches, try to leave a 10 inch tail

Rows 1, 3(WS) – Knit

Rows 2, 4 (RS)– K1, purl to last stitch, K1

Rows 5, 7, 19 – K5, P 19, K5

Row 6, 20 - K1, P4, K19, P4, K1

Rows 8, 18 - K1, P4, K4, P2, K7, P2, K4, P4, K1

Rows 9, 17 – K5, P4 K3, P5, K3, P4 K5

Rows 10, 16 - K1, P4, K5, P3, K3, P3, K5, P4, K1

Rows 11, 15 – K5, P6, K3, P1, K3, P6, K5

Rows 12, 14 - K1, P4, K7, P5, K7, P4, K1

Rows 13, 21 – K5, P8, K3, P8, K5

Row 22 - K1, P4, K7, P5, K7, P4, K1

Row 23 – K5, P6, K3, P1, K3, P6, K5

Row 24 - K1, P4, K5, P3, K3, P3, K5, P4, K1

Rows 25, 27 – K5, P5, K2, P5, K2, P5, K5

Rows 26, 28 - K1, P4, K5, P2, K5, P2, K5, P4, K1

Row 29 – K5, P5, K3, P3, K3, P5, K5

Rows 30 - K1, P4, K6, P3, K1, P3, K6, P4, K1

Row 31 – K5, P7, K5, P7, K5

Rows 32 - K1, P4, K8, P3, K8, P4, K1

Rows 33, 35 – K5, P19, K5

Rows 34 - K1, P4, K19, P4, K1

Rows 36, 38 – K1, P to last stitch, K1

Rows 37, 39 – Knit

Row 40 – Bind off loosely in knit stitch. Leave a 10 inch tail.

